



March 24, 2019

The Third Sunday in Lent

The Lessons

The people sit. Two lessons, and the psalm, are read, the reader first saying

Reader: A Reading from Exodus

The Old Testament

Exodus 3:1-15

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God.

Then the Lord said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I

will send you to Pharaoh to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain."

But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I am who I am." He said further, "Thus you shall say to the Israelites, 'I am has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you':

This is my name forever,
and this my title for all generations."

After the Reading, the Reader says

Reader The Word of the Lord.

People Thanks be to God.

Reader (Option 1) We will now read the psalm responsively.

The congregation will respond after the asterisk.

Reading (Option 2) We will now read the psalm together.

The Psalm

Psalm 63:1-8

1 **O** God, you are my God; eagerly I seek you; *
my soul thirsts for you, my flesh faints for you,
as in a barren and dry land where there is no water.

- 2 Therefore I have gazed upon you in your holy place, *
that I might behold your power and your glory.
- 3 For your loving-kindness is better than life itself; *
my lips shall give you praise.
- 4 So will I bless you as long as I live *
and lift up my hands in your Name.
- 5 My soul is content, as with marrow and fatness, *
and my mouth praises you with joyful lips,
- 6 When I remember you upon my bed, *
and meditate on you in the night watches.
- 7 For you have been my helper, *
and under the shadow of your wings I will rejoice.
- 8 My soul clings to you; *
your right hand holds me fast.

Reader: A Reading from Corinthians

The Epistle

1 Corinthians 10:1-13

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness.

Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single

day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

After each Reading, the Reader says

Reader The Word of the Lord.

People Thanks be to God.

The service continues with the sermon and Nicene Creed. After the Nicene Creed, the lector continues with the Prayers of the people

Reader We will continue with the prayers of the people.

Prayers of the People

Form III

Lector Father, we pray for your holy Catholic Church.

People *That we all may be one.*

Lector Grant that every member of the Church may truly and humbly serve you;

People *That your Name may be glorified by all people.*

Lector We pray for all bishops, priests, and deacons;

People *That they may be faithful ministers of your Word and Sacraments.*

Lector We pray for all who govern and hold authority in the nations of the world;

People *That there may be justice and peace on the earth.*

Lector Give us grace to do your will in all that we undertake;

People *That our works may find favor in your sight.*

Lector Have compassion on those who suffer from any grief or trouble;

People *That they may be delivered from their distress.*

Lector Give to the departed eternal rest;

People *Let light perpetual shine upon them.*

Lector We praise you for your saints who have entered into joy;

People *May we also come to share in your heavenly kingdom.*

Lector Let us pray for our own needs and those of others especially those on our prayer list:

The family of **Maria O'Neill, Right Rev. Don Hart, Jennie Lum, Eloise Louis, Nancy Napu'unoa, Irene Nakamoto, Daniel Oda, Edna Kano, Jonathan Lee, Mildred Ogai, Raine Akutagawa, Courtney Sato, Carl Sato, Carole Hagihara, John & Rei Hamano, Mel & Aki Shitagi, Thelma Lee, Elsie Ching, Bill Harada, Lori Maunalanga, Janine LeGrande, and Trenton Omuro and the birthdays of Darrell Omuro, Jean Higa, Kathy Nishimoto and Dene Shimabukuro.**