



January 10, 2021

The First Sunday after the Epiphany

***WELCOME BACK!***

**REMINDERS:**

- Please wear your masks.
- Every other pew is being used to maintain social distancing. Only families of the same household can sit close to each other. Only two non-family members can sit on each pew (one on each end)
- No procession or recession by priest.
- No service booklet except for the priest, acolyte and/or appointed response person.
- The Offering collection plate will not be passed around during the service. It is in the back of church. Please try to place your offering there before the service or at the end if you missed it.
- No contact during the peace (just turn and acknowledge each other with a bow, wave, etc.)
- No coffee hour after the service.
- If you are feeling sick or feverish, please stay home.
- Communion will be bread only. It will be given closer to the pews. Single file down the aisle and exit to the left or right to walk back to your seat. *\*All are welcome to go up for communion or a blessing. Christians receive the Eucharist to fully embody the covenant relationship created in Baptism. If you are not yet baptized, cross your arms over your chest and you will receive a grace-filled blessing.*

**IMPORTANT:** No singing or responses out loud. The congregation will prayerfully listen during the service and silently respond in their heads and hearts. One person will be appointed to say the people's responses for the congregation.

## **READINGS FOR TODAY:**

### **The Collect**

Father in heaven, who at the baptism of Jesus in the River Jordan proclaimed him your beloved Son and anointed him with the Holy Spirit: Grant that all who are baptized into his Name may keep the covenant they have made, and boldly confess him as Lord and Savior; who with you and the Holy Spirit lives and reigns, one God, in glory everlasting. *Amen.*

### **The Old Testament**

#### **Genesis 1:1-5**

In the beginning when God created the heavens and the earth, the earth was a formless void and darkness covered the face of the deep, while a wind from God swept over the face of the waters. Then God said, "Let there be light"; and there was light. And God saw that the light was good; and God separated the light from the darkness. God called the light Day, and the darkness he called Night. And there was evening and there was morning, the first day.

### **The Gospel**

#### **Mark 1:4-11**

John the baptizer appeared in the wilderness, proclaiming a baptism of repentance for the forgiveness of sins. And people from the whole Judean countryside and all the people of Jerusalem were going out to him, and were baptized by him in the river Jordan, confessing their sins. Now John was clothed with camel's hair, with a leather belt around his waist, and he ate locusts and wild honey. He proclaimed, "The one who is more powerful than I is coming after me; I am not worthy to stoop down and untie the thong of his sandals. I have baptized you with water; but he will baptize you with the Holy Spirit."

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

#### **Prayers of the People - Form II**

I ask your prayers for God's people throughout the world;  
for our Bishop(s) Bishop Curry & Bishop Fitzpatrick; for this gathering; and for all  
ministers and people.  
Pray for the Church.

*Silence*

I ask your prayers for peace; for goodwill among nations;  
and for the well-being of all people.  
Pray for justice and peace.

*Silence*

I ask your prayers for the poor, the sick, the hungry, the  
oppressed, and those in prison.  
Pray for those in any need or trouble.

*Silence*

I ask your prayers for all who seek God, or a deeper  
knowledge of him.  
Pray that they may find and be found by him.

*Silence*

I ask your prayers for the departed.  
Pray for those who have died.

*Silence*

I ask your prayers for those on our prayer list.

**For the healing and care of: : Celine Niau Nelson, Jan Motoshige, Sumie Mizushima,  
Steve Kai, Blaise Napu'unoa, Jonathan Lee, David Lee, Mildred Ogai, Rei Hamano,  
Aki Shitagi, Lori Maunalanga, & Janine LeGrande.**

**For the birthdays of: John Ogai and Kimo Anderson**

*Silence*

Praise God for those in every generation in whom Christ has been honored.  
Pray that we may have grace to glorify Christ in our own day.

*Silence*



## **Weekly Announcements**

*Good Samaritan Episcopal Church, 1801 Tenth Avenue, Honolulu, HI 96816  
(808)735-5944, goodsamhawaii@yahoo.com*

**Good Samaritan is an open and inclusive community, all are welcome.**

***January 10, 2021***

***The First Sunday after the Epiphany***

***Welcome to Good Samaritan Church!***

We want to thank you for being with us today. Your presence is a gift to our community, and your prayers enhance our worship. We look forward to your return!

***Please also hold the following people in your prayers***

***Diocesan Cycle of Prayer:*** The Episcopal Diocese of Hawai'i: The Rt. Rev. Robert L. Fitzpatrick (Bishop Diocesan) & Mrs. Beatrice Fitzpatrick.

***Announcements (new)***

**Ringling of the church bells:**

At the recommendation of the Bishop, the church bells were rung by Gavin Nishihira at noon on Thursday, January 7<sup>th</sup> in the pattern of a simple Angelus (the triple stroke repeated three times with a pause between them) to take a time of silent prayer for the nation.

**Possible Church Closure Again:**

Due to the rise in COVID cases on Oahu, there is a possibility that we may have to suspend services again. You will receive an email if that happens. Please make sure we have your current email on file. For those that don't have email, please call the church office for an update during the week and leave a message so we can get back to you. You can also check our church website for updates.

**Update on Jan Motoshige at Hale Pulama Mau (HPM)**

Journal Entry by Joni Kohama — January 2, 2021



We hope you all had a safe and wonderful holiday season!

Mom has been at HPM for about 4 weeks. About 2 weeks ago she moved to a room on the intermediate care (IC) floor. The IC floor is a mix of long-term care patients and patients who require skilled nursing. Her care on the IC floor has not changed but Mom does now have a roommate. Mom said her roommate is unresponsive (a long-term care patient) so she said it is like she has a private room as she has never met, seen or spoken to her roommate. The transition to the IC floor did confuse Mom however as you will read below, Mom is doing much better now.

**Physically**, Mom is getting stronger and her stamina is increasing. On December 10, the physical therapist told us Mom could not stand on her own and could only walk 8 feet with 2 therapists holding her up. As of December 30, Mom can stand on her own without much assistance and can walk 75 feet with a walker with only one therapist steadying/holding her up. The therapist said that when Mom no longer needs to wear a boot, her therapy will be a little easier and we will see even more improvement in her standing and walking. Mom is even strong enough to wheel herself around in a wheelchair now!

Mom gets an hour of OT and an hour of PT every weekday. According to her physical therapist, Mom is one of their “best” patients as she tries her best at each session. As her stamina and strength have increased, the hope is that they can start working on walking up and down stairs soon. The current challenge, however, is that Mom’s knees and ankles still buckle under her. Each week there are less incidences of buckling so we are hopeful that she will begin to work on climbing stairs sometime this month.

**Mentally**, Mom is more lucid than before. We attribute this lucidness to Mom getting into “the groove” of the schedule of meals, OT and PT sessions, and the group activities scheduled at the same time every weekday. In my recent conversation with the activities staff, they told me that Mom makes it a point to participate in all activities as she enjoys the social interaction with the other patients.

Mom is having more lucid moments than when she was admitted however, she still gets confused quite often. She forgets that we are unable to visit her and calls Dad almost every morning asking if he will be visiting her that day. Some days she understands why we cannot visit and other days she thinks she is in a hotel.

Mom’s **emotional** state goes up and down with her mental state. We have found that she is content and happy on the weekdays, but on the weekends (and during the recent holidays), when no activities or OT/PT sessions are scheduled, she gets depressed, restless, and more confused. Mom also seems to be in a better mood since she has started eating some of her meals with other patients in the solarium, instead of eating by herself in her room. It is also the little things, like getting her nails painted or sharing her snacks with other patients, that seem to boost her mood. The nurses have told me that when Mom gets bored, she gets in her wheelchair and rolls around the floor to chat with the staff and other patients.

Mom got a big-boost of happiness in mid-December when she received 4 posters of pictures and “Get Well” messages from retired and current Iolani faculty and staff. Although she now has a roommate, the HPM staff were able to hang all 4 posters on her side of the room and it was reported that she was telling people it was from her “fan club”.

Dad and I are feeling more confident that Mom is where she needs to be, to get the right care she needs to recover from the damage done by the Guillain Barre Syndrome (GBS). She is getting more socialization and physical therapy at HPM than she would be getting if she were at home. Also, we are glad that, as a patient in a nursing facility, Mom has already received the first shot of the COVID vaccine.

This month, Dad and I will be taking mom to doctor’s appointments – to her neurologist to check on her GBS and to the orthopedic surgeon. We are looking forward to seeing her in -person. We are really hoping that the orthopedic surgeon says she no longer must wear the boot. The sooner she no longer needs to wear the boot, the more improvements we will see in her walking. The sooner she can walk on her own, the sooner we can get her cleared to get surgery to get rid of the cancer.

Until then, however, Mom is still “fighting the good fight” at HPM.

Thank you to the many who have tried (multiple times) to call or email Mom with no answer. **Thank you for trying.** We are so sorry for the inconvenience this may cause but she does not answer phone calls or respond to emails. The only way that Dad or I talk to her is if she calls us. She does not check her voicemails and often forgets how to check texts or answer video calls.

We are **grateful** for the many “Get Well” cards and letters from friends and family. We do drop them off to her every other week or so. Similar, to the emails, calls and voicemails, you may not hear a response from her, but our family is grateful for your care and concern.

We are also grateful that Mom got through the holidays at HPM without much depression. We think her cognitive impairment/memory issue is a blessing that helped her to be “ok” through the holidays despite being in a nursing facility away from family and friends. We talked to her on Christmas and New Year’s Day and she remembered to call Lennon on his birthday on New Year’s Eve. When we spoke to her, she seemed happy and content.

We send you and your families much aloha in 2021. Mahalo for your care, concern, and kindness towards Mom in 2020 and we wish you all the best in the new year.

## **Announcements (repeat)**

**Flower sign-up sheet:** Our new flower sign-up sheet is up on the back of the church. We hope the current poinsettia plants from Pat Lum will last through January so please sign-up for the remaining months if you can!

**Angels in Touch:** Thank you to Faith Ichida who has agreed to be our new “Angel” in writing out birthday/get-well/anniversary cards from the church. Faye Hee has agreed to be the backup as well being willing to send out other acknowledgement cards that come from the church. We thank Jan Motoshige for having done it all these past years!

### **Ongoing Phishing Scams:**

It appears that email phishing scams have been more prevalent during the holidays, and we want to remind everyone to be wary of any emails that ask for money, gift cards, personal information, etc. Another email circulating under the Bishop's name uses a gmail account (bishopfitzpatrickrobert@gmail.com), but there are others. Whenever in doubt, always contact the sender directly for confirmation and do not click on any links within the questionable email. If you believe you have received one of these fake emails, report it to Google here: <https://support.google.com/mail/answer/8253?hl=en>

### **Pledge forms:**

Pledge forms are attached so we can plan our 2021 budget. Your thanksgiving and financial support of the church are always appreciated

### **Poinsettia Flowers:**

Thank you to Pat Lum for always providing the poinsettia flowers during this time! We hope it lasts on the altar for at least a month like last year!

### **Communication with Jan Motoshige:**

Per Jan's daughter, Joni, to connect with her Mom, please feel free to:

**Call her cell phone at (808)349-6435** – She does not have a phone in her room. She does not answer her cell phone regularly and she does not check her voicemail, however, if she is near her phone, has the ringer on or is paying attention to her phone, there is a chance she might answer. They do **not** recommend sending her a text message. She doesn't check her text messages often because she does not remember that texting is possible, and she has forgotten what app to use to open the text messages.

**Email her at [moto1990@me.com](mailto:moto1990@me.com) and cc Joni at [joni@gigaisland.com](mailto:joni@gigaisland.com)** – She may not respond to your email however, if Joni is cc'd, she can print out your email and include it in their next delivery to HPM.

**Email her a video message and cc Joni** – If Joni is cc'd, the next time she talks to her she can help her find the video in her inbox. You are welcome to email, text or call Joni anytime if you are having trouble getting in touch with her. Joni is keeping a list of folks for her to call that will be included in their deliveries to HPM.

**Write her a letter or card and send it to Joni** – All cards and letters addressed to her will be included in their deliveries to HPM. This also applies to kids (or adults) who want

to send her handmade “get-well” drawings. We are told that she can tape pictures in her room and because she has no roommate, there is a lot of space available to fill with joyous pictures and cards. Here’s Joni’s address:

Janice Motoshige  
 c/o Joni Kohama  
 2165 Aha Niu Place  
 Honolulu, Hawaii 96821

**Rock Wall Repair Needed:**

We are looking to get estimates and recommendations to repair the rock wall next to the church. We are concerned about the bottom half where rocks are starting to become dislodged.

**Two By Two Crafts** - Gail and Ariel Lee have many other craft products available online. You can check out their website at <https://twobytwocrafts.com> if you’re interested!

**Piano Lessons:** Anyone interested in learning to play the piano? See Ben for his business card, he’d love to receive referrals!

Feel free to take the readings and announcements home with you today.

It can also be viewed on our church website at:

<http://www.goodsamaritanhawaii.org/weekly-announcements.html>

<b>Thank You to Our Worship Team!</b>	
<b>January 10, 2021</b>	
Supply Clergy:	Rev. Philip Paradine
Music:	Ben Trusnovec
Altar Guild:	Faye Hee
Flowers:	Poinsettias from Pat Lum
Acolytes:	Gavin Nishihira
Lector:	Gavin Nishihira
Counters:	Chris Omuro & Pat Lum

<b>Looking Ahead</b>	
<b>NEXT WEEK SUNDAY – JANUARY 17, 2021</b>	
Supply Clergy:	Rev. Imelda Padasdao
Music:	Ben Trusnovec
Altar Guild:	Jessica Lum
Flowers:	Poinsettias from Pat Lum
Acolytes:	Gavin Nishihira
Lector:	Gavin Nishihira
Counters:	Jessica Lum & Melissa Morinishi